


Be the hope that saves a life today.



 **Idaho Suicide Prevention Hotline** needs volunteers to train in May as Crisis Phone Responders.

 **Complete our Online Application** by April 24th at www.idahosuicideprevention.org

 **Attend an Orientation Session and Listening Shift** to see if this fits you!

Attendance is required to all training days.

| DATE | DAY | TIME | TOPIC |
|----------|----------|---------------|--|
| 5/2/2017 | Tuesday | 6pm-9pm | Training Overview / Communication Skills |
| 4-May | Thursday | 6pm-9pm | Crisis Intervention |
| 6-May | Saturday | 8:30am-4:30pm | Day 1 ASIST (Applied Suicide Intervention Skills Training) |
| 7-May | Sunday | 8:30am-4:30pm | Day 2 ASIST (Applied Suicide Intervention Skills Training) |
| 9-May | Tuesday | 6pm-9pm | Diversity / Veterans / Military |
| 11-May | Thursday | 6pm-9pm | Mental Health |
| 16-May | Tuesday | 6pm-9pm | Intimate Partner Violence / Victim Concerns / Grief and Loss |
| 18-May | Thursday | 6pm-9pm | Role Play Phone Scenarios |
| 23-May | Tuesday | 6pm-9pm | Substance Abuse / Addictive Behavior |
| 25-May | Thursday | 6pm-9pm | Your Role/iCarol software/Online Emotional Support / Self-Care |
| 27-May | Saturday | TBD (2 hrs.) | Simulated Phone Room and Text Response Training |

Nina Leary, Coordinator Volunteer Program 208-258-6992 nleary@jannus.org

Learn, develop and practice the valuable 'soft skills' of interacting effectively and harmoniously through a balance of challenge and safety over our training course of interactive presentations and guidance.

Recognize other important aspects of crisis intervention including life-promotion and self-care.

Feel the value of improving the mental health of our community at large, one call at a time.

Volunteer Crisis Phone Responders commit to 1 year of one 4-hour shift per week through a variety of shift options, including evenings and weekends.

"... it is a great feeling to have helped someone you don't know...and that we're here for them."



Nina Leary, Volunteer Coordinator

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